

**International ESOL**  
**English for Speakers of Other**  
**Languages**  
 Expert Level – C1  
**Practice Paper 4**



8984-75-075  
 (EL-IESOL 5)

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**Candidate's name** (block letters please)

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**Centre no** **Date**

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**Time allowed:**     **3 hours**

- Listening
- Reading
- Writing

**Instructions to Candidates**

- Answer all the questions.
- All your answers must be written in **ink** not pencil.

**For examiner's use only**

Parts	L1	L2	L3	L4	Total	R1	R2	R3	R4	Total	W1	W2	Total
Candidate's score													
<b>RESULTS:</b>	<b>LISTENING</b>					<b>READING</b>					<b>WRITING</b>		
<b>OVERALL RESULT:</b>													

**Listening Part 1**

You will hear eight short unfinished conversations. Choose the **best reply** to continue the conversation. Put a circle round the letter of the **best reply**. First, look at the example. You will hear the conversations twice.

Example:

Speaker 1: Are you sure this one will fit into the room?

Speaker 2: It's no bigger than the one we have now.

Speaker 1: You really should measure it.

Speaker 2: .....

a) Why are you so surprised?

b) You worry too much.

c) I'll change it after I finish this one.

d) I have it right here.

1.
  - a) I suppose I could.
  - b) I didn't know that was an option.
  - c) You're right. I should have.
  - d) It's easy for you to say.
2.
  - a) You'd better cut it out then.
  - b) You should cut to the chase.
  - c) Why don't you cut off the line?
  - d) That would be cutting it thin.
3.
  - a) Too many things.
  - b) In a few words.
  - c) I'll do it.
  - d) Just about.
4.
  - a) Don't even ask.
  - b) More or less.
  - c) Do you think so?
  - d) I wouldn't know.
5.
  - a) Is that you, Mr Bailey?
  - b) How do you do, Mr Bailey?
  - c) What do you do, Mr Bailey?
  - d) Where are you, Mr Bailey?
6.
  - a) I can't change your mind.
  - b) I'm just being selfish.
  - c) It's not really fun.
  - d) I'm not in the mood.

7.     a) Just come out and say what you mean then.  
       b) You should point at the problem.  
       c) It's not your fault really.  
       c) Well, it's not my job to fix it.
8.     a) You're just killing time.  
       b) You can't kill two birds with one stone.  
       c) You'll kill all the fun if you do.  
       d) It won't kill you to take some time off.

*(Total: 8 marks)*

**Listening Part 2**

You will hear three conversations. Listen to the conversations and answer the questions below. Put a circle round the letter of the correct answer. You will hear each conversation twice. Look at the questions for Conversation One.

**Conversation 1**

- |     |  |
|-----|--|
| 1.1 | What are the speakers discussing?<br>a) A project they have not handed in on time.<br>b) A homework assignment for school.<br>c) A hobby they have in common.<br>d) A newspaper article they have all read.                                |
| 1.2 | They believe that writing about the film adaptation of the book<br>a) is completely irrelevant to their work.<br>b) will make their work less interesting.<br>c) is an essential part of their work.<br>d) will make their work stand out. |

**Conversation 2**

- |     |   |
|-----|---|
| 2.1 | Where are the speakers?<br>a) In a hardware store.<br>b) In a real estate agency.<br>c) On a construction site.<br>d) In the couple's home.   |
| 2.2 | What do the couple want to do?<br>a) To buy a house as soon as possible.<br>b) To move from their old house.<br>c) To start a family as soon as possible.<br>d) To start working from home. |

**Conversation 3**

- |     |   |
|-----|---|
| 3.1 | What is the man's purpose in going to the shop?<br>a) To complain about the shop assistant.<br>b) To exchange a watch he bought.<br>c) To find out if he has a guarantee.<br>d) To resolve a problem he has with a product. |
| 3.2 | What is the shop assistant's attitude?<br>a) Friendly and chatty.<br>b) Polite but determined.<br>c) Rude and abrupt.<br>d) Cold and indifferent.   |

(Total: 6 marks)

**Listening Part 3**

You will hear a talk addressed to young people about bank accounts. Listen to the talk and complete the notes below. Write **short** answers (1-5 words). An example is done for you. At the end of the talk you will have two minutes to read through and check your answers. You will hear the talk twice.

You have one minute to look at the notes below.

BANK ACCOUNTS

Who bank accounts are for:

*Everyone*

.....

1. Most popular type of account:

.....

2. Reason for opening account:

.....

3. Incentive for not making withdrawals:

.....

4. Incentive for fixed monthly deposits:

.....

5. With account most banks issue:

.....

6. Cash card mainly used for:

.....

7. Direct debit card used:

.....

8. Risk when using credit card:

.....

(Total: 8 marks)

**Listening Part 4**

Listen to the conversation and answer the questions. Put a circle round the letter of the correct answer. An example is done for you. You will hear the conversation twice.

You have two minutes to read through the questions below.

Example:

The couple were looking up campsites because

- a) they had free time at work.
- b) they seem quite exciting.
- c) their daughter wants to go.
- d) they are planning a holiday.

1. Why does the man want them to reach a decision soon?
  - a) He promised his daughter.
  - b) They have to apply before a certain date.
  - c) He thinks his wife will be worried later.
  - d) It's his daughter's birthday next month.
2. When the man tells the woman that their daughter will be with her friends she
  - a) is relieved.
  - b) is more worried.
  - c) gets angry.
  - d) responds with sarcasm.
3. The man is not worried about his daughter's safety at the camp because
  - a) there will be people to look after her.
  - b) all her friends will be there with her.
  - c) his sister's kids have been going for years.
  - d) she will be fourteen next month.
4. Why does the man mention horse riding?
  - a) Because both he and his wife love horses.
  - b) Because his daughter has done it before.
  - c) Because his wife never did it when she was a teenager.
  - d) Because it's one of the activities at the camp.
5. What do they say about the price?
  - a) They both think it's quite high.
  - b) They both think it's affordable.
  - c) The woman thinks it's high but the man disagrees.
  - d) They are not worried about the money.

6. What do they say about their daughter's cell phone?
- a) They think she has the same kind of phone as her friends.
  - b) The woman thinks her daughter is too demanding.
  - c) They agree that teenagers don't need the latest model.
  - d) They agree that all teenagers have to have the latest models.
7. Why does the man say their daughter is exceptional?
- a) She never wants to buy things.
  - b) She is satisfied with what she has.
  - c) She never complains about anything.
  - d) She gets his hands down.
8. What do the couple decide to do when their daughter is at camp?
- a) Go abroad on holiday.
  - b) Stay home where she can reach them.
  - c) Visit her at the campsite every day.
  - d) Go to the beach for a few days.

*(Total: 8 marks)*  
*(Total marks for Listening: 30)*

**Reading Part 1**

Read the following text then read the ten statements A-J. Five of these statements are correct according to the text. Tick (✓) the boxes of the correct sentences. Do **not** tick more than five boxes. Leave the other five boxes blank.

**MAN ON THE MOON**

This was no ordinary July evening. On any other July evening the park near my house would be bustling with activity. Children playing, mothers pushing strollers... Anyone not on the beach on such a warm day would most definitely be there.

But on this particular July evening, nearly 40 years ago, something seemed amiss. The streets were empty. As were the beach and the park. Everyone was in their homes, glued it would seem in front of their television sets. Transfixed. Waiting for something great to happen.

I was there too of course. Almost too young to remember. And I probably wouldn't remember the event itself had it not been shown over and over again for many years to come, being etched as it were in our memory. But what I could never forget is the atmosphere, the sense that something great was about to take place. It was there on the faces of the grown ups. In the way everyone sat quietly in anticipation.

And then, there it was. A fuzzy image of a strange vehicle landing on a dry surface. Out came two men dressed in strange white suits and walking in a very peculiar way. And that was it. July 16, 1969 Apollo 11 became the first manned mission to land on the moon.

Ever since it has been disputed many times over. Many have said that it was all filmed in a studio. That it was the hoax of the century. Maybe they are right and maybe they are not. Maybe it was all make-believe. But what was not fake was the feeling of hope it put in our hearts. If we could walk on the moon then the sky was the limit. What could possibly be out of bounds for us from now on? And then, just for the briefest of moments we sat awe-stricken as we knew that we were watching history being made.

- A People would spend the warm afternoons in the park.
- B On this evening it was too hot for people to walk in the streets.
- C People were waiting to see their favourite TV show.
- D The event has been broadcast many times since then.
- E The atmosphere was light and festive.
- F The people shown on TV acted strangely.
- G The event shown was unique in some way.
- H Everyone knows the event was filmed in a studio.
- I The writer isn't sure if what she watched was a true historical event.
- J The people watching the event felt they could do anything after this.


*(Total: 5 marks)*

**Reading Part 2**

Read the text and fill the gaps with the correct sentences A-H. Write the letter of the missing sentence in the box in the gap. There are two extra sentences you will not need.

**A creative retirement**

He checked his readings for one last time. He had mixed feelings as he prepared for this final takeoff. He had been looking forward to this day for quite some time now, yet he knew that he would miss it dearly. He would miss the thrill of the takeoff, the unique sense of freedom you get when hovering so high above the ground.  1.

Most people don't realise how mundane a helicopter pilot's day can really be. All they see is the excitement of the flight.  2. How little of his time the pilot spends soaring the skies, and how much he spends behind a desk pushing papers. During the course of a regular month he might not make more than two or three flights.

For Jeff it had been the summer months that really made his job worthwhile. It was these months of intense heat when uncontrollable forest fires would break out unpredictably. Sometimes several fires a day.  3. He sometimes needed to work for as long as 20 hours non stop, dropping water over the fires, helping evacuate villages that were in danger, carrying supplies to the firefighters and hurrying the injured to hospitals. It was intense and exhausting, true, but it was also fulfilling when you knew that you had made a difference, that the world was a little bit better because of you.  4.

He would miss all this, but he also knew that being retired doesn't mean being useless. Jeff had every intention of continuing to offer to his community.  5. In fact, there were several causes he had already singled out as deserving of his time and attention. He had been wanting to volunteer for a long time now but he had never been able to find the time. Not until now that is.

6. He would prove to everyone that retired does not mean obsolete. Every age group has a place and significance in society. Retirement is just an opportunity to give selflessly and make a dent in the wickedness of the world. After all, they are not called the "golden years" for no reason.

- A He felt there is a lot a retired person with ample free time on his hands can do to help others.
- B After all, he had been a helicopter pilot for 27 years but it was now time to retire.
- C However, this was something he didn't initially like.
- D What they don't know is how much paper work is involved.
- E Now, with his newfound freedom, he could devote all his energy to these causes.
- F Retirement would give him the chance to spend time for himself at last for a change.
- G He would then spend the rest of his time on office duty, training new pilots, reading up on the newest developments and on regular military duties.
- H It was at this time that his job proved to be vital.

*(Total: 6 marks)*

**Reading Part 3**

Read the four texts below. There are ten questions about the texts. Decide which text (A, B, C or D) tells you the answer to the question. The first one is done for you.

**A**

This Christmas spread the cheer at the City Mall! This year do your shopping at special holiday bargain prices in any of our 36 luxury shops.

But that's not all! Santa Claus and his helpers will keep your little ones busy in our custom-designed Santa's workshop while you are picking out your gifts.

Tired from all that shopping? Just lie back and sip your cappuccino at one of the cafes while the kids are busy at crafting, listening to Christmas stories or singing Christmas carols. Has your little girl got her heart set on that special something? You're sure to find it here. Just let our shop assistants know and Santa himself will hand deliver it to her beautifully gift-wrapped.

Don't miss out on a great shopping experience this Christmas at the City Mall!

**B**

Do you remember that not-so-long-ago time when you believed in Santa Claus? The joy and anticipation every Christmas morning waiting to unwrap the gifts he had left under the tree? And that tiny bit of fear because deep down inside you knew you hadn't always been such a good lad. Well it seems that in these days of over-consumerism the jolly old fellow and his reindeer are going out of fashion. Psychologists are warning parents that buying their children more and more toys every time they feel guilty about not spending enough time with them is taking the joy out of giving and receiving gifts, leaving young children unable to appreciate the special meaning of days such as Christmas. So parents take heed! Next time your five-year-old is throwing a tantrum give him what he really wants – your love and undivided attention.

**C**

Dear Santa,

I've been a really good girl. I listen to my mummy and help her with the chores every day. So my mummy said that you would bring me anything I want for Christmas. The truth is I have lots of toys, but our teacher told us today that there are children in the world who won't celebrate Christmas because they are poor and can't afford to buy toys and sweets. They don't even have a Christmas tree! Can you believe that? So Santa, instead of bringing me another dolly could you please do me a big favour? Bring Christmas to those children and give them my presents. I'll get lots of other presents from my aunts and uncles and grandparents.

Thank you Santa. You're the best!

I love you,

Jane

**D**

Santa Behind Bars!

Police officers arrested a man in a santa suit early this morning after receiving a call. Four-year-old Andrew was awoken by a noise only to come face to face with Santa Claus. As his parents had taught him, he pressed speed dial and alerted the police. The perpetrator was carrying a heavy bag but when the officers opened it it wasn't full of toys! The man confessed to breaking into several houses this Christmas Eve. He said the suit was the perfect disguise. If one of the children should happen to be woken up by the noise he would just say he was Santa coming to leave gifts. But children it seems are not so naïve nowadays. The unemployed father of three said that all he wanted was to give his children a proper Christmas dinner. Instead he will now be having Christmas dinner in prison.

**In which text does the writer:**

1. report an incident?
2. refer to school work?
3. give advice?
4. try to persuade people to do something?
5. make a promise?

D

**Which text is saying the following?**

6. Children don't really want toys.
7. Children are not so innocent as they used to be.
8. Gifts are often given for selfish reasons.
9. Holidays are often just about consuming material goods.
10. Giving is often better than receiving.


*(Total: 9 marks)*

**Reading Part 4**

Read the text and answer the questions. Put a circle round the letter of the correct answer.

**Eating disorders**

We've all heard of anorexia and bulimia. Two seemingly opposite, but in reality very similar eating disorders, where a person's compulsive need to conform to the role models that the fashion industry and mass media impose on him lead him to literally either starve or eat himself to death. Extensive coverage was given to these disorders and, in an effort to undo the harm they had caused, the main culprits – the fashion industry and the mass media – dutifully replaced the emaciated models of the seventies with youthful, robust, healthy-looking, athletic figures, telling us that this is now the new beautiful. This is now how we must all look. So, did this do the trick? Did the problem go away? Unfortunately not.

Psychologists and nutrition experts are now warning that not only have the previous two eating disorders not been eradicated, but a new, much more difficult-to-spot disorder seems to be emerging as well. The new disorder has been named orthorexia (from the Greek words 'orthos', which means correct and 'orexi', which means appetite) and is a lot trickier as, on the surface, the orthorexic appears to be doing everything correctly – hence the name.

The true orthorexic can, at any given time, tell you his exact weight, his Body Mass Index and his basic metabolic rate. He knows how many calories he burns for every single activity he does – from watching TV to pumping weights, and is thus in the unique position to calculate the exact number of calories he needs on any given day and adjust his diet accordingly. A genuine orthorexic will not stop at counting calories of course. A true orthorexic also knows the exact amount of protein, carbohydrates and fibre his body needs as well as the content of these nutrients contained in various foods. This enables him to choose the best foods to cover his needs.

And what's wrong with that, you may wonder? Is it wrong for a person to take an active interest in his own health and nutrition? Is it wrong to eat properly for optimum health and to work out? According to experts, it is if done so to the point of obsession. Eating properly is one thing – and a good thing at that. Being unable to enjoy a simple holiday meal with your family without obsessing about the amount of protein in the piece of turkey on your plate is another. If you are not obese, a professional athlete, or suffering from a medical condition that requires you to follow a strict diet, what reason could you possibly have to weigh and log every single bite that goes into your mouth?

Of course the biggest worry of the experts is that as the orthorexic truly believes that he is acting in the best possible way it is very unlikely that he will ever feel the urge to ask for help. It is therefore up to his family and close environment to seek this help on his behalf. So, how do we know when our loved one may be in trouble? There are some tell-tale signs to look for. If he constantly refuses to go out for a meal because the food served is unhealthy; if he seems to talk about nothing else or if you see that he takes a large amount of supplements talk to a nutrition expert and see what he has to say.

So what, then, is a healthy attitude towards food? Try to have a proper well-balanced and varied diet. Enjoy your meals, increase your physical activity and your body will be perfectly capable of handling a little naughty indulgence now and then.

1. The best summary of this passage is:

- a) Although a number of eating disorders have been identified, not all of them are equally detrimental to a person's health. Certain disorders can actually help you eat in a healthier way that is beneficial to you. One such disorder is orthorexia, which involves being informed and careful about your eating habits.
- b) If someone consistently eats in an extremely healthy way and is very knowledgeable about the contents of all kinds of food in things like nutrients, fat and protein, it is possible that they suffer from orthorexia, which has been identified as an eating disorder; if that is the case, then that person needs professional help.
- c) Just because somebody seems to have healthy eating habits it doesn't mean that they do not have a disorder; there could still be a problem if they appear to be obsessed with the kind of food they eat and how much exercise they take. A healthy attitude towards food does allow for occasional indulgence.

2. The passage develops in which of the following ways?

- a) Reference to well-known eating disorders – description of a new disorder – signs to look out for – advice on how to avoid and treat disorders
- b) Eating disorders in the past – how disorders are changing in modern times – what to avoid eating – what constitutes a healthy lifestyle – where to get help
- c) A history of eating disorders – new trends in diets – damage caused by disorders – advice on what to eat – why some disorders are difficult to diagnose

3. Anorexia and bulimia

- a) have nothing in common.
- b) are the same thing.
- c) have the same root.
- d) are treated in similar ways.

4. The fashion industry and the media

- a) no longer try to dictate what we should look like.
- b) have effectively solved the problem of eating disorders.
- c) are not responsible for this new eating disorder.
- d) continue to try to manipulate public opinion.

5. An orthorexic

- a) adjusts his diet on a daily basis.
- b) only counts the calories he needs.
- c) cares only about the nutrients in foods.
- d) always eats the best foods for his needs.

6. What is the author's purpose in paragraph 4?
- a) To explain why it is bad to always be so careful with your diet.
  - b) To explain that certain groups of people should be more careful with their diet.
  - c) To be ironic about people who are always so careful with their diet.
  - d) To explain the way the people who are always so careful with their diet behave.
7. Why is an orthorexic unlikely to seek help?
- a) He believes he's doing the right thing.
  - b) His family need to urge him to seek help.
  - c) He doesn't know the tell-tale signs to look for.
  - d) He doesn't have access to a nutrition expert.
8. According to the text, a healthy attitude towards eating is
- a) to eat only the foods you enjoy.
  - b) to eat anything you really like.
  - c) to eat lots of different kinds of food.
  - d) to eat in a naughty way.

*(Total: 10 marks)*  
*(Total marks for Reading: 30)*







