

ΕΞΕΤΑΣΕΙΣ ΑΓΓΛΙΚΗΣ – ΕΠΙΠΕΔΟ Γ1 - ΕΝΟΤΗΤΑ 3 ΠΕΡΙΟΔΟΣ ΜΑΪΟΥ 2013

TAPESCRIPTS

ACTIVITY 1

Read items 1-6. Listen and choose the best answer (A, B, or C) for each item.

A. Read items 1 and 2. Listen and respond.

The state of Victoria has been shaken by a series of aftershocks in the wake of last night's earthquake. The quake was the largest to hit the state in more than a century. Residents in Gippsland, near its epicentre, are now assessing the damage to their homes, and there are concerns that the bad weather predicted for later today, could make things worse.

Listen again and check your answers.

B. Read items 3 and 4. Listen and respond.

And finally in this podcast let's pose a question. Have you ever lain awake at night wondering what creatures might lurk in the depths of the oceans. Well, perhaps not. But many scientists have, and soon they may find out. Researchers in America are rebuilding a research submarine to enable it to go to the very bottom of the world's oceans for hope they'll be able to discover new life there and a see sights that have never been witnessed before. Our science correspondent, Pallab Ghosh, went to speak to some of the scientists involved.

Listen again and check your answers.

C. Read items 5 and 6. Listen and respond.

Not just another story. Raise your hand or wiggle a finger if you're driving, if you know your body mass index. It's good to know your blood pressure. It's good to know your cholesterol levels (the good and the bad), but your BMI may be one of the most important indicators you could know about yourself, and most of us just don't want to know. Nothing points more directly to obesity versus fitness, like your BMI. And the US Preventive Services Task Force says if you stray over the line, your doctor needs to get intense with you about the issues of nutrition and fitness because the short stroke is you need help.

Listen again and check your answers.

ACTIVITY 2

Read items 7-8. Listen and choose the best answer (A, B, or C) for each item.

Hi my name is John, and I am a memory expert. In this video, I will tell you about the top 5 memory tips for your exams. If you want to improve your memory by playing scientific brain games, you can visit my website getbraingames.com

Number 1: Focus your attention on the materials you are studying. Attention is one of the major components of memory. Try to study in a place free of distractions such as television, music and other diversions.

Listen again and check your answers.

Read items 9-10. Listen and choose the best answer (A, B, or C) for each item.

Number 2: Avoid cramming by establishing regular study sessions. Studying materials over a number of sessions gives you the time you need to adequately process the information. Research has shown that students who study regularly remember the material far better than those who did all of their studying in one marathon session.

Number 3: Structure and organize the information you are studying. Researchers have found that information is organized in memory in related clusters. You can take advantage of this by structuring and organizing the materials you are studying. Try grouping similar concepts and terms together.

Listen again and check your answers.

Read items 11-12. Listen and choose the best answer (A, B, or C) for each item.

Number 4: Visualize concepts to improve memory and recall. Many people benefit greatly from visualizing the information they study. Pay attention to the photographs, charts and other graphics in your textbooks. If you do not have visual cues to help, try creating your own. Draw charts or figures in the margins of your notes or use highlighters or pens in different colors to group related ideas in your written study materials.

Number 5: Teach new concepts to another person. Educators and psychologists have also discovered that having students actually teach new concepts to others enhances understanding and recall. You can teach new concepts and information to a friend or study partner.

Listen again and check your answers.

ACTIVITY 3

Read items 13-15. Listen and choose the best answer (A, B, or C) for each item.

For generations people have been clearing the world's forests to feed an appetite for wood and open farm land. Scientists from around the world devised a new way to measure timber, and they say deforestation is not as bad as it used to be. Pekka Kauppi is a professor of Environmental Science at the University of Helsinki, and he led the study. He says deforestation might be diminishing as a global problem. When people measure timber, they typically do it by measuring the area of land that's covered with trees. Kauppi and his colleagues did something different. They tried to examine the actual amount of wood in the forest that's called the biomass. Kauppi says if you only measure the area, and you do not measure the biomass, you miss a lot of detail about the trees.

Listen again and check your answers.

ACTIVITY 4

Read items 16-20. Listen and choose the best answer (A, B, or C) for each item.

- Speaker 1: I was out at a benefit night the other night for the leukemia foundation, and it was a fantastic night for a great cause. But what was so great about it actually was really... there was a couple of really funny things. A dance floor full of middle-aged people singing Eagle Rock. And you know what? I've never seen a happier bunch of people.
- Speaker 2: hahaha.. isn't that gorgeous?
- Speaker 1: ...and there were bumps and lumps and saggy bums and bald heads and wrinkly bits, and there were no waists to be seen anywhere. And I thought how fantastic it was when you get to that age and you're over the posing and you're over the pickups and you can just have a great time.
- Speaker 2: Well you see I wouldn't know where to get that to tell you the truth, but gee it sounds like fun.
- Speaker 1: It was enormous fun, and I was also reminded how...it's great to dance when you're middle-aged to music from your era, but anything younger you look like an idiot.

- Speaker 2: Well that's true. That's it. You've put it in a nutshell there. I hadn't quite worked out what the rules of dancing at a certain age are, but that's them. That's exactly it.
- Speaker 1: That's it. That's exactly right. But it was lovely as I say to be there, and everyone to be so unself-conscious. Well the other thing I've noticed too was that when you meet your friends... you know you have that thing when you meet your friends you haven't seen them for a while, and the first thing you do of course is you register how they've aged... you know... and therefore how you've aged, but isn't it amazing how in just a short time that all falls away as you talk, and you're looking at this friend who only moments ago you thought "oh they might have put on a few kilos or a little bit more wrinkly" and then they're exactly as you remember them.
- Speaker 2: That's what I think. I think people look almost exactly the same, and I think we've all almost stopped in time.

Listen again and check your answers.

ACTIVITY 5

Listen and fill in items 21-25 with the right word.

21. HISTORY BOOK

This book describes the horror of the conflict, the war which took place at that time between 1914 and 1918 and describes the battles, the bloody, mud-filled western battlefields in Europe and in the East. And by the end of the war, over 10 million people had died and another 20 million wounded, and large parts of Europe were completely destroyed.

22. MEDICAL BOOK

This book has been acclaimed internationally for its scholarship, its conciseness, full-color presentation, and encyclopedic scope. The new edition of this clinical companion delivers ataglance summaries of the signs, symptoms, epidemiology and treatment options for more than 1,000 diseases and disorders.

23. COOK BOOK

Get the background on a dish along with information on how the ingredients work. Classic dishes are all accompanied by the specifics you need in order to answer any questions that your diners may have between bites. Find out the secret to a flaky pie crust, the proper technique for roasting beef and much more within the pages of this indispensible new edition.

24. ART BOOK

This is an accessible, informative and fun A - Z guide to masters from medieval times to the present day. It is updated and expanded with 100 new works, including paintings, photographs and sculptures. A celebrated and award-winning title published in over 20 languages, the authors of this book juxtapose brilliant examples of all periods, schools, visions and techniques.

25. DICTIONARY

This is an all-new edition with more than 36,000 entries. Other features include authoritative definitions, derivations, detailed information on pronunciation using the International Phonetic Alphabet, listings of variant spellings, extensive treatment of etymology, and details of area of usage and of any regional characteristics.

Listen again and check your answers.